



COMMUNITY SOCIAL WORK

Meet your Instructors



Lyla Allan - Program Coordinator and Instructor
B.Ed., MACP, RSW

- Joined Portage College in 2000
- Professional experiences include: Crisis Intervention frontline work, Learning Facilitator and Counsellor
- Recipient of the Portage College President's Award for Excellence, Cold Lake's Woman of Distinction, and Volunteer of the Year from Cold Lake Family and Community Support Services
- Currently on the College's Board of Governors and other community boards

**"We can all choose to have a positive impact.
What you give can contribute to what you receive in return."**



Audrey Cochrane - Instructor
BA, BSW, MSW, RSW

- Joined Portage College in 2017
- Professional experiences include: Crisis intervention, program development, policy work, resource counselling, community development, post-secondary educator and family, mental health, and trauma counselling
- As a military spouse she has had the opportunity to live and work in four Canadian provinces and in many diverse areas of practice

"One of my favourite aspects of teaching social work is watching students grow and learn as they move through their studies. Social work isn't just about 'what you do' but becomes a part of 'who you are'. Watching students go through that transformation is so exciting."



Tracy Orr - Instructor
B.A., B.Ed., MSW, RSW

- Joined Portage College in 2015
- Professional experiences include: trauma counselling, crisis counselling, counselling in K-12 and post-secondary, clinical supervision, and development of rural community and school supports
- Publications include:
No Right Way: The voices of mothers of incest survivors, and
Appreciative Leadership: Supporting education innovation
- Completing Doctorate of Education degree

"The Social Work diploma prepares students to enter a profession dedicated to social justice and respect for others. Welcome to an educational journey that is the beginning step to professional social work practice!"



Jana McKinley - Instructor, Community Social Work
BA, BSW, MSW, RSW

- Joined Portage College in 2018
- Professional experiences include Student Advocacy Counsellor, Mental Health Capacity Building Coordinator, and Mental Health Consultant with Northern Lights Public Schools
- Teaches Mental Health First Aid for students. Certified in Neurosequential Model of Therapeutics
- Current Board Chair of the Lac La Biche Family and Community Support Services

"Social Work is such a diverse field. You can work in many different settings and with a wide range of people. I'm excited to work with students as they find their path within this very rewarding profession."