

## STUDENT CHECKLIST

### Once you have been accepted into your program...

- Fill out and provide to Portage College the '*International Student Quarantine Plan*' form

### **If staying at Portage College accommodations:**

- Contact Athletics to arrange transportation from the airport.  
Nate Bedford  
780-623-5545  
[nate.bedford@portagecollege.ca](mailto:nate.bedford@portagecollege.ca)
- Contact Housing Office to arrange accommodations and food/supplies  
Housing Office  
780-623-5573  
[housing-staff@portagecollege.ca](mailto:housing-staff@portagecollege.ca)

### **If have other quarantining accommodations:**

- Provide your travel and accommodation arrangement plans

### Prior to arriving to Portage College:

- Before departing, pre-book a 3-day stay at an authorized quarantine hotel at your own expense.
- Download the **ArriveCAN** app and fill out all required information.
- Provide proof of a negative COVID (PCR) test no older than 72-hours of the departing flight into Canada.
- You will be given a COVID (PCR) test upon arrival at the airport.
  - If your test is positive, you will be transferred to a government quarantine facility.
  - If your test is negative, you will be released on Day 3. You can proceed directly to your quarantine location (home, rental, approved friend/family home, hotel) for the remaining duration of the 14-day quarantine.

### During the quarantine period:

- Participate in the mandatory Portage College COVID-19 student safety orientation for international students.
- Complete AHS COVID-19 Self-Assessment daily and notify Portage College of any COVID symptom development.
- Take another COVID (PCR) test near the end of your quarantine.